

Fig. 2:6
Bad sitting position.

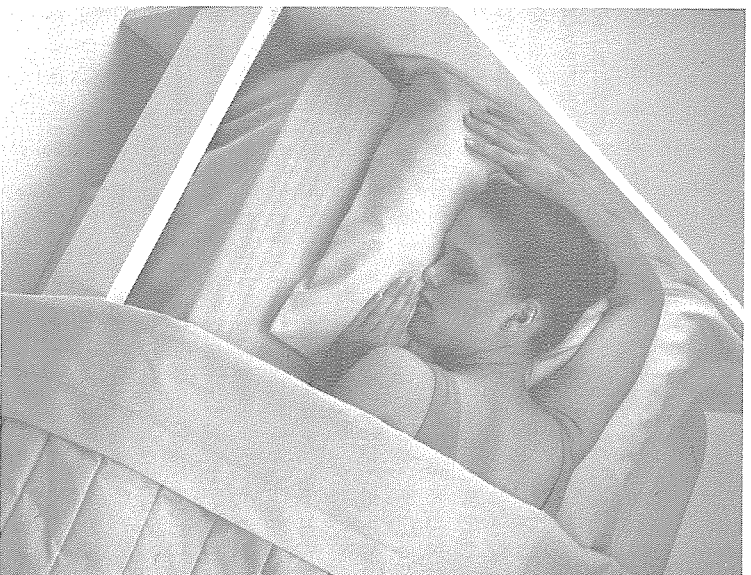


Fig. 2:7
Bad sleeping posture.

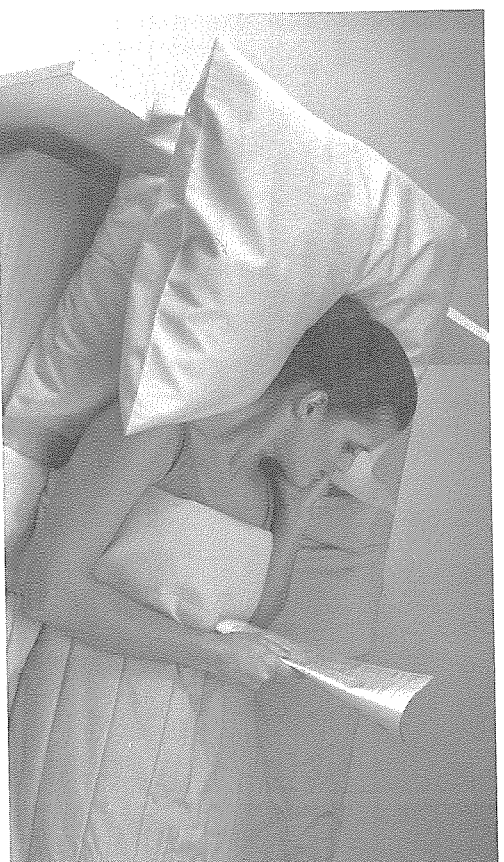


Fig. 2:7(a)
Bad lying posture.

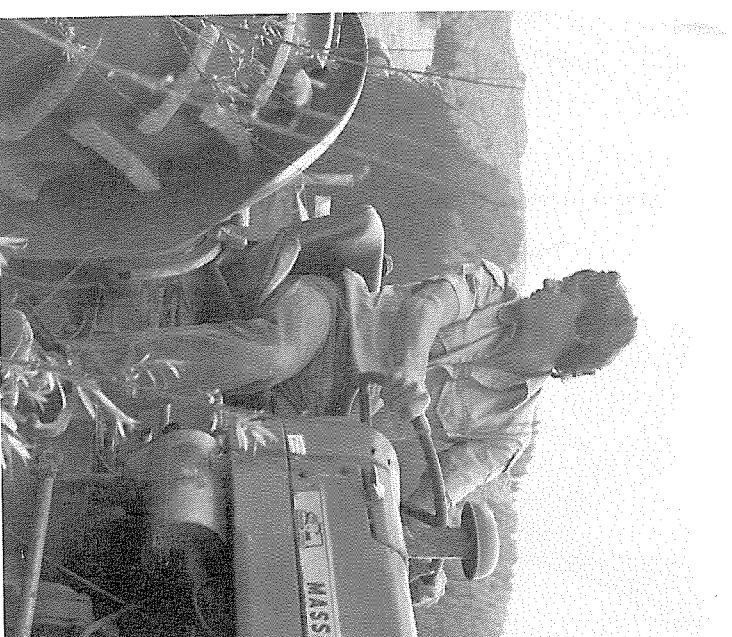


Fig. 2:8
Strained working position.